

### Stepping Stones to Stewardship

We can often convince ourselves that helping someone who can help us at some time is sufficient demonstration of Christian Stewardship. Helping others without expecting in return is a true example of generosity.

*Stewardship . . . . Live It!*

#### RCIA

RCIA stands for Rite of Christian Initiation of Adults. It is a process that begins in the fall and it is designed for people who have interest in the Catholic Church. If you were baptized in another faith and are questioning if you want to become full members of the Catholic Church, this process is for you. If you have never been baptized and are questioning whether you want to be baptized into the Catholic Church, this process is for you. The process itself involves attending Sunday scripture sessions, and attending special parish education programs. The process helps you discern what God is calling you to in your journey of faith. Call Drew at 671-1100, ext 15 if you have interest or questions about the RCIA process.

\* \* \* \* \*

#### VOCATION AWARENESS

17<sup>th</sup> Sunday in Ordinary Time – July 27

“All things work for good for those who love God, who are **called** according to God’s purpose.” (Romans 8). We know that each of us is called to do a specific task in building up God’s kingdom on Earth, and that specific task is our **personal vocation**. God has promised to reveal the unique vocation for which each of us was created. We just need to be open to listening for God’s voice. For more information please contact the **Office of Vocation Awareness** at 461-2890 or [www.dor.org/vocations](http://www.dor.org/vocations).

\* \* \* \* \*

#### ARE YOU NEW TO OUR PARISH?



#### TO ST. RITA PARISH COMMUNITY!

We are delighted that you have chosen to worship with us and hope that your time with us will be prayerful. Here at St. Rita we encourage everyone to participate as fully as possible in our Liturgical celebrations as well as in the ministries of our parish. If you would like more information about St. Rita Church please go to our website at [www.saintrita.org](http://www.saintrita.org). If you would like to register with us please pick up a Welcome Packet (colored folders) located in the Church Library adjacent to the front doors of church. Feel free to call the parish office 671-1100 at any time if you have questions. We are happy to have you with us!

### Webster Penfield Catholic Connection Parish Health Ministry News

The WPCC Health Ministry focuses on educational efforts in the health and wellness area, providing monthly blood pressure screenings in each of the four parishes as well as regular educational programs on health and wellness-related issues of concern to our community.

#### Your Guide to Lowering High Blood Pressure Healthy Eating

Research has shown that following a healthy eating plan can both reduce the risk of developing high blood pressure and lower an already elevated blood pressure. A healthy eating plan is one that emphasizes fruits, vegetables, and low fat dairy foods and is low in saturated fat, total fat, and cholesterol. This plan would also include whole grains, poultry, fish, and nuts and has reduced amounts of fats, red meat, sweets and sugared beverages.

Healthy eating would include a low sodium diet. Most Americans consume more salt than they need. The current recommendation is to consume less than 2.4 grams (2,400 milligrams) of sodium a day. That equals 6 grams (about 1 teaspoon) of table salt a day. A lower sodium diet can keep blood pressure from rising and help blood pressure medicines work better.

\* \* \* \* \*

#### FOOD COLLECTION NEXT WEEKEND



On the first Sunday of each month, parishioners are asked to bring in food for the needy in our area. Food may be left in the greeting area of Church. Please remember to bring your nonperishable foods to church with you next weekend. Your Social Action Ministry Committee thanks you!

\* \* \* \* \*

#### COMPANIONS IN GRIEF GROUP presents:



**Roslyn Karaban, M.Div., Ph.D.**  
*Professor of Pastoral Care and  
Counseling at St. Bernard’s School of  
Theology and Ministry*

**Wednesday, August 13 at 7:30 p.m.**  
**At Holy Spirit Church**

Dr. Roslyn’s special area of interest and expertise is complicated grief. She teaches courses in this area and often goes to churches to give talks and workshops. She is the author of *Complicated Losses, Difficult Deaths*.

Dr. Roslyn is a licensed Marriage and Family Therapist (LMFT) and many of her clients come to her for grief counseling. She runs a training program (with St. Bernard’s and Lifetime Care) in hospice chaplaincy and also brings to this work a lifetime of complicated losses in her own personal life. Dr. Roslyn will talk about the grieving process and particularly about difficulties and complications that may arise. She will have handouts and will allow time for interaction, questions and personal sharing. *All are welcome to attend!*



# EUCHARIST INTENTIONS

Among the intentions for those who gather for the Eucharist this week will be:

## MONDAY, JULY 28, 2008

7:00AM JOSEPH FERRARO – The 7:00 Mass Group  
9:15AM MORNING PRAYER

## TUESDAY, JULY 29, 2008

9:15AM MORNING PRAYER

## WEDNESDAY, JULY 30, 2008

9:15AM PHILIP KANE – Michaela Siebert

## THURSDAY, JULY 31, 2008

9:15AM CPL. GEORGE P. WELCH – Dottie DeLano

## FRIDAY, AUGUST 1, 2008

9:15AM THERESA COUSINEAU – Ron & Ruth LaCroix

## SATURDAY, AUGUST 2, 2008

2:00PM *Wedding: Jessica Kipp & Michael Kennedy*  
5:00PM PAT D'AMBROSIA – Mary Ann Swift

## SUNDAY, AUGUST 3, 2008

7:30AM THE DECEASED MEMBERS OF THE LAWLOR and THE GERMANO FAMILIES – Mr. & Mrs. John Lawlor  
9:00AM MARY VITO – Mary & John  
10:30AM LUCILLE COOPER – Rocco

\* \* \* \* \*

**This week the Tabernacle Light will burn in loving memory of Eugene Seiler**

\* \* \* \* \*  \* \* \* \* \*

**FOR AN UPDATED DAILY MASS SCHEDULE Please call 671-1100 x 22 – anytime!**

Call the parish office ask for extension 22 or if the recording comes on you can press 22.

\* \* \* \* \*



### *Wedding Banns*

**III  
Jessica Kipp & Michael Kennedy  
II**

**Theresa Zahaczewsky & Robert McGinn**

\* \* \* \* \*



St. Rita's has a special blessing for expectant parents held on the first Sunday of each month. Our next **Expectant Parent Blessing** will take place during all of the Masses the weekend of August 2 & 3

\* \* \* \* \*

**Did You Know?** Our bulletin is available each week on-line at [www.saintrita.org](http://www.saintrita.org) – check it out!

# Pastor's Perspective



In the first book of the Bible – in its very first chapters – we find the story of creation. On the seventh day, “The Sabbath”, God rested from all He had made and saw that it was very good. I like to imagine the Father, Son and Holy Spirit resting in rocking chairs on the front porch of Heaven looking out over all creation and just enjoying it all!

In the book of Sirach (39:14-16,33,35) we read:

*Bless the Lord for all He has done!  
Proclaim the greatness of his name,  
Loudly sing his praises.  
Sing out with joy as you proclaim:  
The works of God are all of them good.  
Every need when it comes he fills.  
So now with full joy of heart proclaim  
And bless the name of the Holy One.*

As we savor these Summer days let the things of earth refresh us and increase our awareness of the beauty of all creation around us.

May we pray . . .

For the pleasant touch of grass and sand,  
the warmth of the sun, the feel of wind and water . . .  
**We Thank You Lord**

For the beautiful sight of sunshine and flowers,  
grass and trees, butterflies and gliding birds. . .  
**We Thank You Lord**

For the delightful sounds of calling birds,  
rushing water and crackling campfires . . .  
**We Thank You Lord**

For the enjoyable scents of fresh air,  
roasting hotdogs and steaming coffee . . .  
**We Thank You Lord**

God looked out over all He had made and He found it very good. This summer may we rejoice in all His gifts.

Peace and Happy Summer,

TUESDAY 7/29

1:00pm

Recovery – Rm 3

We welcome the newest member of our parish family who was baptized this weekend:



Nina Ann Mastro Simone

\*\*\*\*\*

BIBLE READINGS:

- 27 Sun 17th Sunday in Ordinary Time 1 Kgs 3:5,7-12 Ps 119:57,72,76-77,127-130 Rom 8:28-30 Mt 13:44-52
28 Mon Jer 13:1-11 Dt 32:18-21 Mt 13:31-35
29 Tue St. Martha Jer 14:17-22 Ps 79:8-9,11,13 Jn 11:19-27 or Lk 10:38-42
30 Wed Jer 15:10,16-21 Ps 59:2-4,10-11,17-18 Mt 13:44-46
31 Thu St. Ignatius of Loyola Jer 18:1-6 Ps 146:1-6 Mt 13:47-53
1 Fri St. Alphonsus of Liguori Jer 26:1-9 Ps 69:5,8-10,14 Mt 13:54-58
2 Sat Jer 26:11-16,24 Ps 69:15-16,30-31,33-34 Mt 14:1-12
3 Sun 18th Sunday in Ordinary Time Is 55:1-3 Ps 145:8-9,15-18 Rom 8:35,37-39 Mt 14:13-21

\*\*\*\*\*

SACRISTAN:

Week of July 27 Mary Ann Beikirch

LINENS:

Week of August 3 Ellie Salvage

\*\*\*\*\*

ALTAR SERVERS SCHEDULED Next Weekend ~ August 2 & 3

- Saturday, 5:00pm: Breanna Bernardi, Marisa Bernardi, Lily Ciszewski
Sunday, 7:30am: Sean McGrath, Michael Hohl, Jack Samuelson
Sunday, 9:00am: Krista Barbeau, Vicky Gammons, Brianna Gammons
Sunday, 10:30am: Caprie Romano, Emily Virgil, Juliana Baratta

\*\*\*\*\*

NEW SUNSHINE SINGLES GROUP

- Who: Singles in their 20s and 30s
What: Meet for Mass @ 5:30pm, Rosary & Go out to dinner following!
When: First Fridays beginning Friday May 2 at 5:30pm
Where: Holy Spirit Church 1355 Hatch Rd Webster, NY 14580



Come & enjoy a night out meeting other singles!

PARISH SUPPORT

For Last Weekend July 19 & 20

Table with 3 columns: Last Week, Weekly Goal, Variance. Values: \$12,458, \$13,800, -\$1,342. Year to Date: \$43,086, \$41,400, +\$1,686.

(Our fiscal year is 7/1/08 – 6/30/09)

The surplus in the weekly collection is allocated to reduce the overall budget deficit of the parish.

Monthly Parish Center Mortgage Payment - \$2,725 Mortgage Balance as of July 1, 2008 - \$200,229

THANK YOU FOR YOUR SUPPORT!

ACT Now ~ Automatic Contribution Transfer

It is easy to make your financial contribution to Saint Rita Church by automatic withdrawal directly from your bank account. There is no charge for this service. Sign-up cards are available in the back of Church or for more information call the parish office at 671-1100 x 12.

LADIES OF ST. RITA ~ SAVE THE DATE

September 5-7 for our Annual Retreat at the Notre Dame Retreat House

The theme this year is "Understanding St. Paul – A Realistic Guide for Today's Culture". Pope Benedict XVI will dedicate the year beginning in June to St. Paul, marking the 2000th anniversary of the Apostle's birth.

Come away for the weekend with the Lord. Let Him restore and renew your spirit. Let Him create in you strength and courage through the teachings of St. Paul.

Think about it ladies and plan on saving the date for a quiet get-away with the Lord. You deserve it! More information will follow in the coming weeks.

\*\*\*\*\*

Please have someone let the parish office know if you are admitted to the hospital. The new federal privacy regulations make it much more difficult for the parish to be notified by the hospital when parishioners have been admitted. We would like to visit them but depend on you to let us know when a parishioner or relative is in the hospital. Please let us know by calling the Parish Office at 671-1100.

\*\*\*\*\*

LAST CALL FOR ITEMS IN LOST AND FOUND

Please check the box in the crying room in church to see if you may have misplaced any items over the past 6 months. Any unclaimed items will be donated.