

JULY 20, 2008

Stepping Stones to Stewardship

Our role as a Christian steward is about faithfully developing and utilizing our time and talents for the benefit of others within the amount of time God has given us here on earth.

Stewardship Live It!

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VOCATION AWARENESS

16th Sunday in Ordinary Time – July 20

Please pray for our newly ordained permanent deacons, our transitional deacon, Brian Carpenter, and Rev. Edison Tayag, who was ordained to the priesthood by Bishop Clark on June 28th. May God continue to bless us with gifted and faith-filled women and men to serve our local Church. For more information please contact the **Office of Vocation Awareness** 461-2890 or www.dor.org/vocations.

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**Webster Penfield Catholic Connection
Parish Health Ministry News**

The WPCC Health Ministry focuses on educational efforts in the health and wellness area, providing monthly blood pressure screenings in each of the four parishes as well as regular educational programs on health and wellness-related issues of concern to our community. This begins a series of educational articles on Hypertension (high blood pressure.)

Your Guide to Lowering High Blood Pressure

Maintaining a Healthy Weight ~ Being overweight increases your risk of developing high blood pressure. In fact, blood pressure rises as body weight increases. Losing even 10 pounds can lower blood pressure - **and it has the greatest effect for those who are overweight and already have hypertension.** Being overweight or obese are also risk factors for heart disease. They increase your chance for developing high blood cholesterol and diabetes - two more major risk factors for heart disease.

Physical Activity ~ Being physically active is one of the most important steps you can take to prevent or control high blood pressure. It also helps reduce your risk of heart disease. It doesn't take a lot of effort to become physically active. Get started by doing 30 minutes of a moderate-level activity every day if possible. Brisk walking, bicycling, and gardening are examples. You can even divide the 30 minutes into shorter periods of at least 10 minutes each.

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DID YOU KNOW? We have **gluten-free hosts** available for those who have special dietary needs. For more information please call Mary Ann Kwiatkowski at 671-1997.

COMPANIONS IN GRIEF GROUP *presents:*



Roslyn Karaban, M.Div., Ph.D.
*Professor of Pastoral Care and
Counseling at St. Bernard's School of
Theology and Ministry*

Wednesday August 13 at 7:30 p.m.
At Holy Spirit Church

Dr. Roslyn's special area of interest and expertise is complicated grief. She teaches courses in this area and often goes to churches to give talks and workshops. She is the author of *Complicated Losses, Difficult Deaths*.

Dr. Roslyn is a licensed Marriage and Family Therapist (LMFT) and many of her clients come to her for grief counseling. She runs a training program (with St. Bernard's and Lifetime Care) in hospice chaplaincy and also brings to this work a lifetime of complicated losses in her own personal life.

Dr. Roslyn will talk about the grieving process and particularly about difficulties and complications that may arise. She will have handouts and will allow time for interaction, questions and personal sharing.

All are welcome to attend.

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LADIES OF ST. RITA ~ SAVE THE DATE

**September 5-7 for our Annual Retreat
at the Notre Dame Retreat House**

The theme this year is "Understanding St. Paul – A Realistic Guide for Today's Culture". Pope Benedict XVI will dedicate the year beginning in June to St. Paul, marking the 2000th anniversary of the Apostle's birth.

Come away for the weekend with the Lord. Let Him restore and renew your spirit. Let Him create in you strength and courage through the teachings of St. Paul.

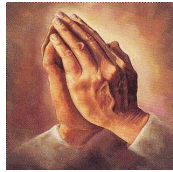
Think about it ladies and plan on saving the date for a quiet get-away with the Lord. You deserve it! More information will follow in the coming weeks.

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ARE YOU NEW TO OUR PARISH?

**WELCOME
TO ST. RITA PARISH COMMUNITY!**

We are delighted that you have chosen to worship with us and hope that your time with us will be prayerful. Here at St. Rita we encourage everyone to participate as fully as possible in our Liturgical celebrations as well as in the ministries of our parish. If you would like more information about St. Rita Church please go to our website at www.saintrita.org. If you would like to register with us please pick up a Welcome Packet (colored folder) located in the Church Library adjacent to the front doors of church. Feel free to call the parish office 671-1100 at any time if you have questions. We are happy to have you with us!



EUCHARIST INTENTIONS

Among the intentions for those who gather for the Eucharist this week will be:

MONDAY, JULY 21, 2008

9:15AM MARY SCAHILL – Anthony & Ann Marie Lipari

TUESDAY, JULY 22, 2008

9:15AM MORNING PRAYER

WEDNESDAY, JULY 23, 2008

9:15AM LUCILLE ROCCO – By Husband

11:00AM MASS AT BAYWINDE (Sage Harbor)

THURSDAY, JULY 24, 2008

9:15AM HAZEL GLENNIE – Daughter

FRIDAY, JULY 25, 2008

9:15AM MIRIAM TRIPI – Jean & Paul Fauth

SATURDAY, JULY 26, 2008

5:00PM MARGARET MOMANO – Bev & Lou Schnorr

SUNDAY, JULY 27, 2008

7:30AM LOURICE ENGEL – Bill & Patricia Kilpatrick

9:00AM WAYNE SERGEANT – Family

10:30AM FRANK DE STEFANO – Family

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**This week the Tabernacle Light
will burn in loving memory of
Jim Styles**

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DAILY MASS SCHEDULE

Phone 671-1100 x 22 – anytime for the most up to date daily Mass schedule!

Call the parish office ask for extension 22 or if the recording comes on you can press 22.

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Wedding Banns

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Jessica Kipp & Michael Kennedy

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Theresa Zahaczewsky & Robert McGinn

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EXPOSITION OF THE BLESSED SACRAMENT

"Watch one hour with me." Nocturnal Adoration Society celebrates an hour packed with scripture, instruction, adoration, reflection, and prayer in the Office of the Blessed Sacrament. Saturday, July 26, 8:00 to 9:00 PM, at Christ the King Church. All are welcome.

Pastor's Perspective

Summer is the time for beautiful flowers. Their colorful blossoms bring joy and wonderful fragrances.

In Summer we need to "take time to smell the flowers".

Joyce Rupp reflects on this in a poem in her collection called Rest Your Dreams on a Little Twig:

Flowers last
a long, long time
if they have
what they need.

Why is it
that I neglect
myself?

I need to feed
on beauty,
walk more often
under starlight,
listen to the wind,
and rest my weariness.

Then my flowers
will last
a long, long time.



May you take some time this Summer to "walk more often under starlight, listen to the wind, rest your weariness and "take time to smell the flowers".

Happy Summer

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Did You Know? Our bulletin is available each week on-line at www.saintrita.org – check it out!

TUESDAY 7/22

1:00pm

Recovery – Rm 3

PARISH SUPPORT
For Last Weekend July 12 & 13

Table with 3 columns: Last Week, Weekly Goal, Variance; Year to Date, Year to Date Goal, Variance.

(Our fiscal year is 7/1/08 – 6/30/09)

The surplus in the weekly collection is allocated to reduce the overall budget deficit of the parish.

Monthly Parish Center Mortgage Payment - \$2,725
Mortgage Balance as of July 1, 2008 - \$200,229

THANK YOU FOR YOUR SUPPORT!

ACT Now ~ Automatic Contribution Transfer
NO CHARGE TO YOU!

It is easy to make your financial contribution to Saint Rita Church by automatic withdrawal directly from your bank account.

SACRISTAN:

Week of July 20

Shirl Mintz

LINENS:

Week of July 27

Eileen Romeo

Thank you so much for your generous support of HOPE House during June. During the month, HOPE assisted 181 families...

HOPE Ministry is in need of clothing sorters and distributors. Work as little or as much as you want.

We apologize for any inconvenience ~ Funerals are scheduled for 9:15am. This may mean having to move a Mass intention...

BIBLE READINGS:

- 20 Sun 16th Sunday in Ordinary Time Wis 12:13,16-19 Ps 86:5-6,9-10,15-16 Rom 8:26-27 Mt 13:24-43
21 Mon Mi 6:1-4,6-8 Ps 50:5-6,8-9,16-17,21,23 Mt 12:38-42
22 Tue St. Mary Magdalene Mi 7:14-15,18-20 Ps 85:2-8 Jn 20:1-2,11-18
23 Wed Jer 1:1,4-10 Ps 71:1-6,15,17 Mt 13:1-9
24 Thu Jer 2:1-3,7-8,12-13 Ps 36:6-11 Mt 13:10-17
25 Fri St. James 2 Cor 4:7-15 Ps 126:1-6 Mt 20:20-28
26 Sat Sts. Joachim and Anne Jer 7:1-11 Ps 84:3-6,8,11 Mt 13:24-30
27 Sun 17th Sunday in Ordinary Time 1 Kgs 3:5,7-12 Ps 119:57,72,76-77,127-130 Rom 8:28-30 Mt 13:44-52

ALTAR SERVERS SCHEDULED
Next Weekend ~ July 26 & 27

- Saturday, 5:00pm: Chris Gilbert, Nick Wynne, Andrew Chmiel
Sunday, 7:30am: Susan Loeb, Sandy Loeb, Olivia Zucaro
Sunday, 9:00am: Tim Bruno, Eric Chiesa, Jack Meisenzahl
Sunday, 10:30am: Sabrina Rotolo, Marisa Rotolo, Jessica Belt

4th ANNUAL PIG ROAST ~ FOR MATT OLIVERI
Saturday, August 2 at 1:00pm
Lakeview Pavilion at Webster Park

Matt Oliveri along with his dad Mike are parishioners here at St. Rita and attend 5:00 Saturday Mass. Matt is a quadriplegic due to injuries sustained in an accident.

ST. RITA'S PRAYER LINE

Did you know that we have a very active Prayer Line here at St. Rita Parish? Your request of any kind can be passed along to over 100 people who will remember your need in their daily prayer.

